



ARCO response to the Lib Dem Manifesto

Responding to the Liberal Democrat Manifesto 2019, Michael Voges, Executive Director of ARCO said:

“We welcome the focus of the Lib Dem manifesto on social care and on looking for a long-term solution to the funding challenges.

“We would however encourage all parties to go further and to look at the key role that housing with care can play in supporting social care provision.

“A brighter future for Britain must be one in which more older people can enjoy a better lifestyle in their retirement and have peace of mind that they can be as independent and well cared for as possible.”

ENDS

For Further Information Please Contact

Gareth Lyon, Head of Policy and Communications, at garethlyon@arcouk.org or on 075350 88498

Notes to editors

- 1. About ARCO:** ARCO (the Associated Retirement Community Operators) is the trade association for operators of housing-with-care developments for older people. ARCO was founded in 2012, and is now comprised of 27 private and not-for-profit operators of Retirement Communities. ARCO represents approximately 50% of the Retirement Community sector. ARCO sets high standards, and all ARCO members must adhere to the externally assessed ARCO Consumer Code. ARCO does not represent the traditional retirement housing model where there are limited services and no care is available or care homes.
- 2. About Retirement Communities:** Retirement Communities typically consist of individual one or two bedroom flats or houses, located in a development with similar properties. Residents have access to a range of services and facilities, which will include optional on-site care, 24-hour staffing, and dining and leisure facilities, and may also include bars, gyms and craft rooms. Retirement Communities are also sometimes referred to as housing-with-care schemes, retirement villages, extra care housing, assisted living, or close care apartments. They sit in between traditional retirement houses (which have less extensive staffing and leisure facilities), and care homes, and can be in urban or suburban locations.
- 3. About Vision 2030:** Vision 2030 is ARCO’s vision for 250,000 people to be living in retirement communities by 2030. The vision sets out ten areas of work for the sector in order to achieve this. These are:
 - Development of a clear customer proposition
 - Effective self-regulation
 - Enhanced health and wellbeing
 - Intelligent use of technology
 - Flexible models of tenure



- Sustainable funding streams
- Sector-specific legislation
- Comprehensive and robust data
- Clarity in the planning system
- A highly trained workforce

For more information on Vision 2030, please contact Gareth Lyon, Head of Policy and Communications, at garethlyon@arcouk.org.

4. Benefits of Retirement Communities:

- *Meeting the needs of an ageing population:* Older people need and want choice in their housing for later life. However, at present housing options for older people are limited. Retirement Communities are an important element of housing choice for older people. Developing the capacity of the Retirement Community sector is vital to ensuring that the UK's housing market is fit to meet the needs of an ageing population.
- *Promoting independence, security and wellbeing:* Older people living in Retirement Communities are likely to experience lower levels of loneliness and social isolation. [A 2014 study](#) by the International Longevity Centre found that 82% of respondents in Retirement Communities said they hardly or never felt isolated, and only 1% often felt isolated.
- *Reducing costs and encouraging more efficient use of resources:* Residents in Retirement Communities are able to receive specialist care in their homes if needed, enabling them to return home from hospital earlier. They are also less likely to enter hospital. For example, one way in which Retirement Communities improve health is by preventing falls. Retirement Community properties are designed and built with adaptations to support independence and research shows that those living in these specialist homes are between 1.5 and 2.8 times less likely to have a fall than those living in homes without adaptations. This helps to reduce pressure on NHS services. [A recent study](#) found that NHS costs were reduced by 38% for those moving into Retirement Community housing and NHS costs for 'frail' residents had reduced by 51.5% after 12 months.
- *Responding to the housing shortage:* Older people moving to a Retirement Community will typically 'downsize', freeing up much needed and under-occupied family sized homes. If all those interested in moving into a retirement property were able to do so, [research](#) suggests that approximately 3.29 million properties would be released, including nearly 2 million three-bedroom homes.